**ARMS – ADVOCATES FOR REFORMING MEDICAID SERVICES**

**Contact YOUR Senator and YOUR Representative – Find out Who They Are and Information  
about Them at** [**www.legislature.ky.gov**](http://www.legislature.ky.gov)

**Email or Call Them to Make An Appointment to Talk with Them**

**Make Sure They Know YOU are a Constituent – that YOU Live in their District**

**What Do You Want to Talk with Them About? You want to tell them your story about the long, long, long waiting list to get services for \_\_\_\_\_\_\_\_\_ in a 1915(c) Waiver (and which one it is). How long have you and \_\_\_\_\_\_\_\_\_ been waiting? What has happened to \_\_\_\_\_\_\_\_\_\_ during that long time? Do you feel hopeless because the waiting lists don’t move unless someone dies?**

**Tell your legislator that \_\_\_\_\_\_\_\_\_ deserves to get the services that he/she needs because of his/her disability. That you don’t want her/him to have to go to an institution away from home and away from your community. That it is discrimination against someone with a disability not to address their needs.**

**Ask your legislator what she/he is going to do about this very bad situation? How can \_\_\_\_\_\_\_\_\_ get the services they need now or in the very near future?**

**What is YOUR ASK for YOUR legislator? The legislature should FUND the SCL, Michele P & HCB Waivers with $15 million for an additional 1600 placements each year and they should tell the Cabinet to provide a plan for effectively managing the wait-lists so you and \_\_\_\_\_\_\_\_\_\_\_\_ can have hope of getting needed services soon!**